

Milk & Honey

**W
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N
T
A**

*the
Goods*
Northshore

135 N MARKET ST * CHATTANOOGA, TN 37405

MILKANDHONEYCHATTANOOGA.COM

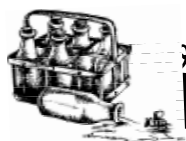
COFFEE + ESPRESSO

ESPRESSO* \$3
MACCHIATO \$3.5
CORTADO \$3.5
CAPPUCCINO \$4
DRIP COFFEE* \$4
ICED COLD BREW* \$4
LATTE \$4 / \$5
MOCHA \$5 / \$6
AMERICANO* \$4 / \$5
CHAI LATTE \$4 / \$5
DIRTY CHAI \$5 / \$6
MATCHA LATTE* \$6
CAFÉ AU LAIT \$4 / \$5

MILK & HONEY LATTE \$5 / \$6
LAVENDER HONEY LATTE \$5 / \$6
COCONUT LATTE* NO MILK SUBS \$5 / \$6
SALTED CARAMEL LATTE \$5 / \$6
CARAMEL MACCHIATO \$5 / \$6
BURNT SUGAR LATTE \$5 / \$6
VANILLA BEAN LATTE \$5 / \$6
NUTELLA LATTE \$5 / \$6
LONDON FOG \$5
HOT CHOCOLATE \$4 / \$5
DAIRY FREE*

*Give it
a shot!*

Baileys \$6
Frangelico \$6



rethan
MOO

ALWAYS
SERVING
MILK
Whole • Non-Fat

+50¢ FOR NON DAIRY OPTIONS
Almond • Coconut • Oat

hot
or
iced

LOOSE LEAF TEAS \$4

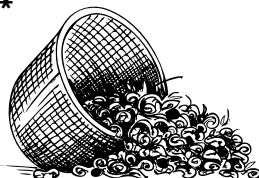
BLACK CHINA
GUNPOWDER GREEN
CHAI
GINGER PEACH
EARL GREY

LEMON YERBA MATE
TURMERIC GINGER*
LAVENDER HIBISCUS*
CHAMOMILE MINT*
ROSEBUD*

CAFFEINE FREE*

*Give it
a shot!*

Bourbon \$6



JUICES

LIQUID GOLD \$6
Pineapple, ginger,
mango, apple.

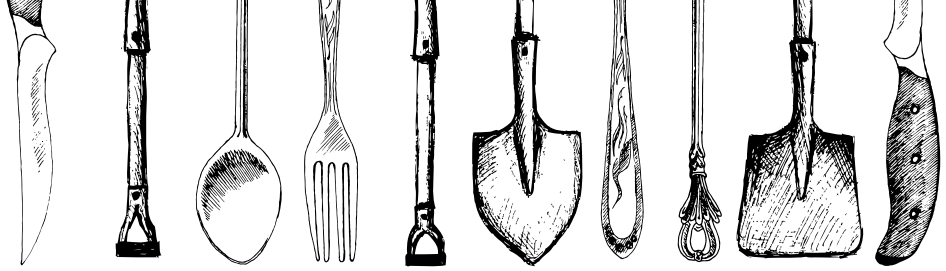
STRAWBERRY
ORANGE \$5
Strawberry, orange,
cane sugar.

DR. FEEL GOOD \$6
Apple, strawberry, beet,
carrot, ginger, lemon,
cayenne.

VALENCIA ORANGE \$4
Just orange.

RISE & SHINE \$5
Carrot, apple, ginger,
orange.

RUBY RED
GRAPEFRUIT \$4
Grapefruit, cane sugar.



SHAREABLE STARTERS

BURRATA & FIG \$16.5

Prosciutto, arugula, fig preserves, goat gouda, gorgonzola, olive oil, local honey, whole milk burrata, sourdough toast.

RICOTTA & HONEY \$10

Whipped whole milk ricotta, local honey, fleur de sel, sourdough toast.

*** SHAKSHUKA** \$14

Eggs poached in marinara, feta, parsley. Served with Niedlov's sourdough toast, hot pepper jam and roasted garlic.

PORK CONFIT POUTINE \$13

Sea salted fries, pork confit, white cheddar cheese curds, melted swiss, Stumptown redeye gravy, green onion and a side of honey hot sauce!

TOASTS

served with

YOUR CHOICE OF
Fresh Berries
OR Home Fries

SCRAMBLED EGG TOAST \$12

Soft scrambled egg, parmesan, fresh basil, sliced tomato, olive oil, sourdough. **VEGAN OPTION AVAILABLE**

*** AVOCADO TOAST** \$14.5

Avocado, tomato jam, caramelized onion, arugula, sunny side up eggs, sourdough. **VEGAN OPTION AVAILABLE**

FIG & PROSCIUTTO TOAST \$13.5

Fig preserves, prosciutto, gorgonzola, goat gouda, arugula, kalamata olives, sourdough.

*** MUSHROOM & RICOTTA TOAST** \$12.5

Scrambled egg, whipped ricotta, tomato jam, goat gouda, roasted mushrooms, thyme, sourdough.

FRESH FROM THE *bakery*

SUPER-FAMOUS BUTTERMILK BISCUIT \$4

Served with local honey or strawberry preserves.

+ **SIDE REDEYE GRAVY OR COUNTRY GRAVY** +\$2

NY STYLE BAGEL \$5

Choice of plain or everything bagel served with preserves or cream cheese.

SOURDOUGH TOAST \$4

Niedlov's sourdough served with sea salted butter and strawberry preserves.

CINNAMON ROLL \$6

Fresh-baked soft brioche cinnamon roll topped with cream cheese icing.

HONEY BUTTER BISCUITS \$8

Homemade buttermilk biscuits served hot with honey butter.

CROISSANT \$5

Served with preserves and butter.

PISTACHIO CROISSANT \$7

ALMOND CROISSANT \$7

CHOCOLATE CROISSANT \$6



BRUNCH SANDWICHES

served with

YOUR CHOICE OF
Fresh Berries
OR Home Fries

add

Redeye OR Country Gravy +\$2
Fried Chicken +\$5 *Egg +\$1.5

* BACON, EGG & CHEESE \$9

Applewood bacon, scrambled egg, sharp cheddar served on your choice of sourdough or biscuit.

* SAUSAGE, EGG & CHEESE \$9

Pork breakfast sausage, scrambled egg, white cheddar served on your choice of sourdough or biscuit.

* PROSCIUTTO, EGG & SMOKED MOZZ \$9.5

Thin sliced prosciutto di parma, scrambled egg, smoked mozzarella served on your choice of sourdough or biscuit.

* FARMHOUSE BISCUIT \$12.5

Buttermilk biscuit, breakfast sausage, ham, tomato jam, scrambled egg, arugula, white cheddar, caramelized onion.

* STEAK & EGGS \$16

Short rib, fried egg, white cheddar, caramelized onion spread, arugula on a toasted brioche roll.

* HOT MESS \$11.5

Open faced buttermilk biscuit, hot pepper jam, bacon, avocado, pickled red onion, chipotle crema, pepper jack cheese, sunny side up egg, cilantro.

* DIRTY BENNY \$13

Open faced english muffin, ham, sunny side up eggs, Stumptown redeye gravy, fresh herbs.

* VEGGIE BREAKFAST BURRITO \$11

Soy marinated sautéed vegetables, roasted mushrooms, scrambled egg, tomato jam, feta, tomato, basil, parmesan, flour tortilla.

VEGAN OPTION AVAILABLE.

* MR. CROISSANT \$11.5

Toasted handmade croissant, ham, oven roasted tomato, swiss cheese, horseradish mayo, fried egg.

NOVA LOX BAGEL \$14.5

Nova lox, tomato, cream cheese, red onion, capers and dill. Served on your choice of plain or everything bagel.

* ALABAMA PORK BISCUIT \$12

Buttermilk biscuit, pork confit, caramelized onion, Alabama white sauce, white cheddar, onion spread, fried egg.

FRIED CHICKEN BISCUIT \$13

Buttermilk biscuit, fried chicken, sharp cheddar. Served with a side of country gravy. *ADD EGG \$1.5

GRAINS

APPLE CINNAMON PORRIDGE \$9

Whole grains, goji, chia, cinnamon, raisins, coconut, vanilla, topped with toasted almonds. (No substitutions)

VEGAN OPTION AVAILABLE.

PROTEIN BREAKFAST BOWL \$11

Quinoa, whole grains, avocado, kale, lemon vinaigrette, almonds, mint, basil, sunny side up egg, feta.

VEGAN OPTION AVAILABLE.

SIDES

fixins
for
pickin'

HOME FRIES \$4

SEA-SALTED FRENCH FRIES \$5

BUTTERMILK WAFFLE \$5

GRANOLA + YOGURT \$5

SWEET POTATO FRIES \$6

APPLEWOOD BACON \$3

BREAKFAST SAUSAGE \$3

FRESH BERRIES \$4

* These items can be ordered undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.



OTHER *Good* STUFF

* **HODGEPODGE HASH** \$13.5

Roasted red & sweet potatoes, sausage, sautéed veggies and onions, caramelized onion, pickled red onion, sunny egg, chipotle crema, feta, cilantro.

* **BIG KID BREAKFAST** \$13

Two eggs cooked any way you like, applewood bacon, Niedlov's sourdough toast, home fries, fresh berries, oven roasted tomatoes. **VEGAN OPTION AVAILABLE**
SUBSTITUTE BISCUIT +\$1.5

* **ROASTED MUSHROOM OMELET** \$11

Three egg omelet with spicy roasted mushrooms, garlic, tomato, fresh and roasted peppers, goat gouda and parmesan. Served with your choice of home fries or berries.

* **SAUSAGE & PEPPERS OMELET** \$12

Three egg omelet with sausage, fresh and roasted peppers, garlic, red onion, smoked mozzarella and parmesan. Served with your choice of home fries or berries.

* **HAM & CHEESE OMELET** \$10

Three egg omelet with applewood ham and sharp cheddar. Served with your choice of home fries or berries.

CURRY CAULIFLOWER BOWL \$14

Quinoa, hummus, sweet potato, sautéed veggies, curry roasted cauliflower, pickled golden raisins, coconut broth, chili oil, cilantro.

VEGAN OPTION AVAILABLE.

CALI GRILLED CHICKEN BOWL \$15

Grilled chicken, avocado, sweet potato, whole grains, beets, sautéed veggies + kale, arugula, feta, fresh herbs. Served with a side of honey lime vinaigrette and chile garlic sauce.

CHICKEN & WAFFLES \$14

Buttermilk fried chicken, Hatcher Dairy buttermilk waffles, maple syrup and honey hot sauce. Served with your choice of home fries or berries.

HOT CHICKEN & WAFFLES \$14

Our version of Nashville's famous hot spicy chicken served with buttermilk waffles, maple syrup, honey hot sauce and your choice of home fries or berries.

ROSÉ WAFFLES \$13

Rosé soaked strawberry buttermilk waffles served with rosé syrup, whipped cream and your choice of home fries or berries.

SANDWICHES

*served
with*

YOUR CHOICE OF

Sea Salted Fries **OR** Kale Salad
ADD Sweet Potato Fries +\$1

TURKEY & BRIE \$12

Roasted turkey breast, raspberry preserves, brie, mayo, spinach, toasted pita.

FRIED CHICKEN \$13

Buttermilk fried chicken, sharp cheddar, lettuce, tomato, house pickles, Niedlov's brioche.

B.L.A.T. \$10.5

Applewood bacon, avocado, lettuce, ripe tomato, mayo, double stacked toasted sourdough.

TURKEY & AVOCADO \$12.5

Roasted turkey breast, bacon, avocado, lettuce, tomato, mayo, toasted sourdough.

SHORT RIB GRILLED CHEESE \$16

Chipotle braised short rib, horseradish mayo, pickled red onion, caramelized onion spread, arugula, white cheddar, sourdough.

THE DIANA ROSS \$13

a.k.a The Chick Supreme. Grilled chicken, white + yellow cheddar, bacon, tomato, lettuce, whole grain mustard, brioche.

HAM & TURKEY CLUB \$14.5

Applewood ham, roasted turkey, bacon, white and yellow cheddar, lettuce, tomato, avocado, mayo, whole grain honey mustard, sourdough.

SALADS

add
A PROTEIN

Grilled Chicken

KALE \$6

Raw kale, almonds, cranberries, parmesan, champagne vinaigrette.

VEGAN OPTION AVAILABLE

SPINACH \$8

Fresh spinach, roasted mushrooms, applewood bacon, gorgonzola, balsamic vinaigrette.

VEGAN OPTION AVAILABLE.

CAESAR \$7

Romaine, kale, tuscan kale, radish, Parmesan, caesar dressing, radicchio sourdough croutons, cracked pepper.

ARUGULA \$7

Beets, goat cheese, lemon vinaigrette, parmesan, pine nuts, cracked black pepper.

VEGAN OPTION AVAILABLE.



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PASTRY SELECTION

MUFFINS

Blueberry \$3.5

Lemon Poppy Seed

GLUTEN FREE \$4

POP TARTS

Strawberry \$4

Nutella \$4

SCONES

Vegan Matcha \$5

Milk & Honey \$4

COOKIES

Salted Chocolate Chip \$3.50

Thumbprints*

SINGLE \$1 1/2 DOZEN \$5

CUP \$6 PICK UP TO 3 FLAVORS

Milk & Honey

Cookies + Cream

Birthday Cake

Coffee + Cream

Chocolate

NY Cheesecake

Salted Caramel

Avocado

Blueberry Buttermilk

Mint Chocolate Chip

Sicilian Pistachio *

Cookie Dough

Pineapple Habanero (\$)

Summer Strawberry (\$)

TAKE HOME SOME OF
OUR FAMOUS

Sea salted
Caramels

DOZEN \$7

CONTAINS NUTS*